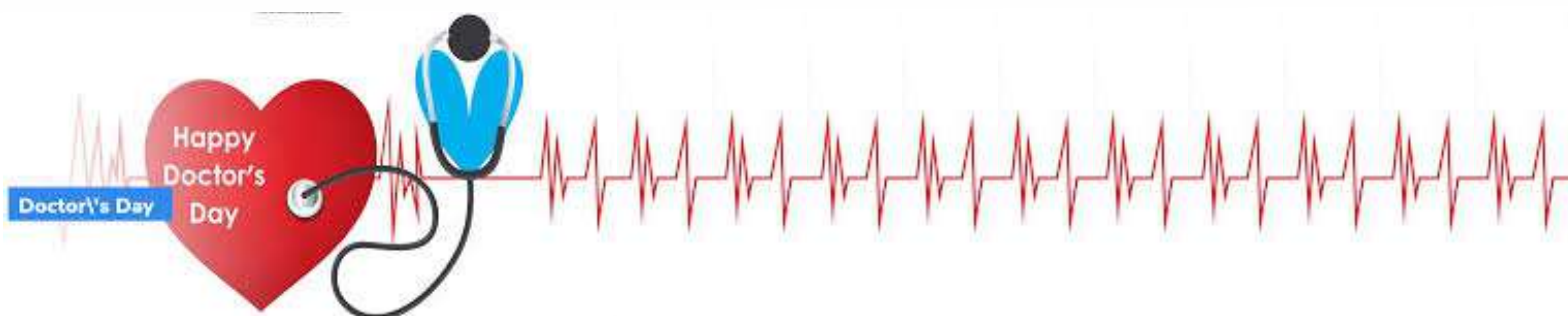


NATIONAL  
**DOCTOR'S**  
 DAY

MPS  
**SUMMIT**  
 NEWS LETTER



Every year, National Doctor's Day is observed to recognize the roles and contributions of doctors in people's lives and communities. Different countries observe this day on different dates, but in India, National Doctor's Day is celebrated on July 1. On the occasion Dr. Suma Priya MBBS DGO, a leading gynecologist from Tirunelveli, conducted a seminar with the motto of educating all young girls about menstruation. More than 800 million women and girls are menstruating, yet menstrual health and hygiene is a neglected health and development issue. Stigma, taboos, and ignorance around periods, harm women and girls every day. In many parts of the world, women and girls are considered dirty or impure during





menstruation. They are restricted from daily activities such as eating certain foods, touching animals, going to school, or socializing with boys and men. In MPS, All the mothers were invited and our chief guest addressed them as well. She suggested that a young girl will go through tough times, and might not know how to respond. As a parent, we should help them to overcome the fear and how to deal with it. It was a very interactive and informative session. On National Doctors' Day, the Primary teachers of MPS, donned the role of doctors and schooled them about the importance of hygiene and proper nutrition to fight various diseases.



To be healthy is the primary need of every individual. Primary students were drilled on how often and how to wash their hands regularly. They were taught about grooming themselves in a proper way by brushing their teeth properly on daily basis, washing hands before and after every meal, and trimming their nails regularly as germs can be in the nails. Our teachers also spoke about healthy foods and having them at proper intervals plays a vital role in being healthy.

*Our students © Grooming Activities*

# Investiture Ceremony

The investiture ceremony was carried out on 12, July 2022 in MPS. For us, Investiture Ceremony is not just about providing titles, but about conferring responsibilities to the students, to take charge of the school and take it to the height they desire with their leadership and decision-making skills, communication, and teamwork. Students took an oath to deliver their duties promptly thus striving to impact the school community positively on the success path. At this ceremony, a school prefectorial board is formed after scrutinous interviewing and selection which gives them a feel of functioning of an official administrative body. The selected students are honoured with their respective badges such as Head Girl / Head Boy, Sports Captain, and the student council members take an oath to faithfully work for the school. This function was graced by the presence of our beloved Chairman sir, Mr. Amarvel Babu, and our correspondent mam, Mrs. Jayanthi Babu. They congratulated and motivated them to put in honest efforts for every endeavor and become an inspiration for others. Our new student council members were happy and enlivened to take up their role as young leaders.





During the ceremony, an enchanting dance was performed by students from higher grades to bring some entertainment to the audience. Special practice was given to the students by a trained dancer.

*Scan This  
QR Code  
to Watch our  
students  
Performance*



Awareness programs mean community-wide or audience-specific programs, campaigns, or initiatives that increase audience knowledge and share information and resources to prevent violence, promote safety, and reduce perpetration. Police Department organized an awareness program for all the school students in Tirunelveli. This program was organized to educate students on how to keep themselves safe from crimes. The focus was mainly on Road safety, Women and children safety awareness, and Drugs. MPS students participated in this awareness program and our students spoke on giving importance to emergency vehicles like Ambulance and Government vehicles. Our students also spoke on the rules to be followed in the Traffic Signal. It was a proud moment for MPS and a good experience for all our students to learn all the rules and also know about the crimes that happen and how they can be avoided. MPS also received a shield from the Police Department.

*Road Safety Awareness Programme*

@ Armed Reserved Line, Tirunelveli



*Our students @ safety awareness program*

# Trekking and Cleaning

@ Nambi Kovil Near Thirukarungudi

Trekking is a form of mountain climbing, though it does not necessarily involve scaling large mountains. It is also a fun-filled activity for everybody. Trekking is beneficial for health as well, it develops bones, reduces the risk of osteoporosis, increases your cardiovascular and respiratory capacities, strengthens your immune system, and improves your muscular capacity. MPS Eco Club arranged trekking for their students on 10-07-2022 and jointly with Nelloi Neervalam volunteers cleaned up the route to Nambi kovil near Thirukarungudi. Our higher secondary students volunteered for this cleaning program and enthusiastically cleaned the temple. This event was organized by Egg Foundation, TVS Group of companies. A hearty and special thanks to Tahsildar Selvam, the Forest department, and the TVS group.

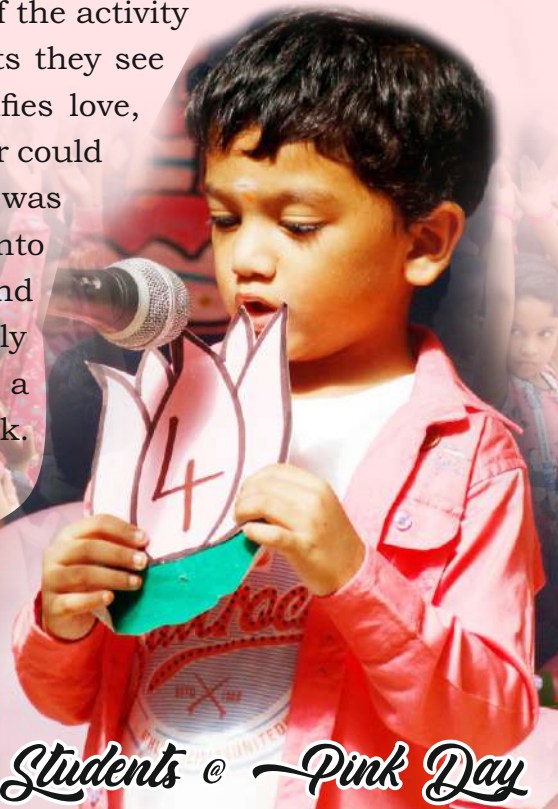


Schools form clubs for effective learning of co-curricular activities. MPS has many clubs too. One such exclusive club is the Media club. Here we train students to get inspired and achieve different heights in the blooming field of Media. We had Mr. Venkat Raman multi talented person who addressed our Media Club students and schooled them about the advantages in the Media field and motivated them to join the Media Club. Students will be trained with theoretical and practical knowledge of Media.



## Pink Day

“The good effects of pink kindles friendship, harmony and affection...!!”The Kindergarten Section of Muthamil School celebrated Pink Day on 15th July 2022. It was wonderful to see our children bloom and blossom in different shades of pink. The young ones attired in pink colour brought pink coloured toys. All the pink colour objects were displayed in the class and children were introduced to different shades of pink. Bulletin Boards were decorated with bunny masks and posters depicting the impact of pink colour in our lives. The tiny tots participated in a variety of hands-on activities related to the identification of pink colour. Painting and colouring activities reinforced the concept of colour in children. The aim of the activity was to make the young ones identify pink colour in the objects they see around them. Children were explained that pink colour signifies love, beauty and kindness. They were excited to learn that pink colour could be obtained by mixing red and white. The overall atmosphere was filled with excitement as well as elation. All the tiny tots plunged into colouring and drawing activities bubbling in enthusiasm and vigour. The blooming buds enjoyed a lot and simultaneously understood the aesthetic sense of pink colour. It was indeed a visual treat to witness little ones dancing and glowing in pink. Thus, the purpose of celebration of pink colour day was fulfilled.





Achievements of today are the stepping stones for the

# Future

*Congratulation Students*

GRADE X



**SRIRAM A**  
488/500  
GRADE X



**ARRAN A**  
475/500  
GRADE X



**SEETHA LAKSHMI M**  
474/500  
GRADE X



**VISUDEVA P**  
466/500  
GRADE XII



**NAREN ADITHYA**  
432/500  
GRADE XII



**PRIYA DHARSHINI M**  
477/500  
GRADE XII

GRADE XII



**VISHALI S**  
487/500  
GRADE X



**HABEEBUR RAHMAN K**  
462/500  
GRADE X



**RUTHRA P S**  
468/500  
GRADE X



**GAUTHAM S**  
467/500  
GRADE X



**BREEZA SHARAN J**  
463/500  
GRADE X



**ROHAN RAKESH A**  
462/500  
GRADE X



**GOWTHAM S G**  
462/500  
GRADE X



**JUDEA J**  
462/500  
GRADE X



**IRFAAN Z R**  
462/500  
GRADE X



**SAFA BECUM B**  
462/500  
GRADE X



**METHUNRAM R S**  
462/500  
GRADE X



**SHIVANI S**  
462/500  
GRADE X



**DENI NIKILAN A**  
462/500  
GRADE X

## MUTHAMIL PUBLIC SCHOOL

A Senior Secondary CBSE School | Affiliation Number 1930843

7/55, Ambai Road, Muneerpallam, Tirunelveli - 627356

Tel. 0462 - 2351111, 9443101111, 7339570777

Email : muthamilpublicschool@gmail.com | www.muthamilpublicschool.edu.in



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MuthamilPublicSchool

*A well-rounded schooling framework prepares children for the future. Congratulations!*

## Remembrance of Dr. A.P.J. Abdul Kalam

Millions have found great inspiration in Dr. APJ Abdul Kalam, widely known as the Missile Man of India. He was an aerospace scientist and a phenomenal teacher who served as the 11th president of India from 2002 to 2007 and was widely referred as 'People's President'. Today, on July 27, MPS Observed Dr APJ Abdul Kalam's death anniversary. On account of Dr.Kalam's remembrance, students from grades III – VIII observed one minute of silent prayer. Abdul Kalam's inspiring videos were also displayed to motivate the students





Birthday is the most special day in the life of a person. Everybody loves to celebrate birthday. R. Ismita, Grade II celebrated her birthday today. Instead of distributing chocolates, she distributed sweet made up by Pearl Millet. She wanted all the students to know that some healthy food can be tasty too. Students from MPS always strive to have an impact in everybody's life. Wishing you the biggest slice of happy birthday.



Twinkling stars of Muthamil Public School celebrated Blue Day on 29 th July 2022. The colour “BLUE” which depicts the calmness of the sky and the coolness of the water was introduced in an interactive and lively way. The pleasant shades of blue added life, serenity and vigour to the campus. Confident tiny tots attired in the colour of sky and sea created waves of excitement and exhilaration. To make the activity more inclusive, children brought different objects like toys, decorative items and drawings based on the theme. Activities like face mask making, bottle print flowers and thumbprint orchid flowers were conducted and students actively participated in the events. Blue Colour, which is a symbol of life, was explained to the little ones in a playful manner. Everything from the costumes of students to objects placed in the KG was in blue which enabled the little ones to explore using paints with their tiny fingerprints but also enhanced their logical and reasoning minds. The young ones shared their toys and belongings with each other in a highly spirited and friendly atmosphere. They spoke about blue colour objects. Children enjoyed the activity with immense enthusiasm and zeal.

## Blue Day





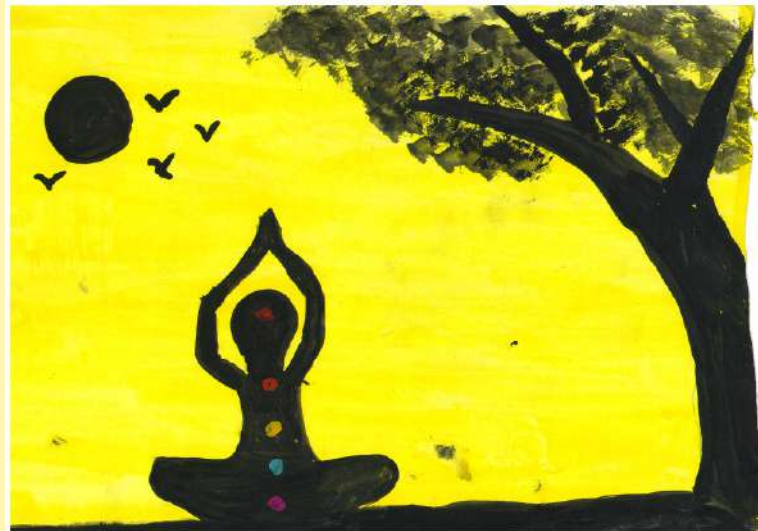


# STUDENTS CORNER

THANGA NIVAS, GRADE VIII

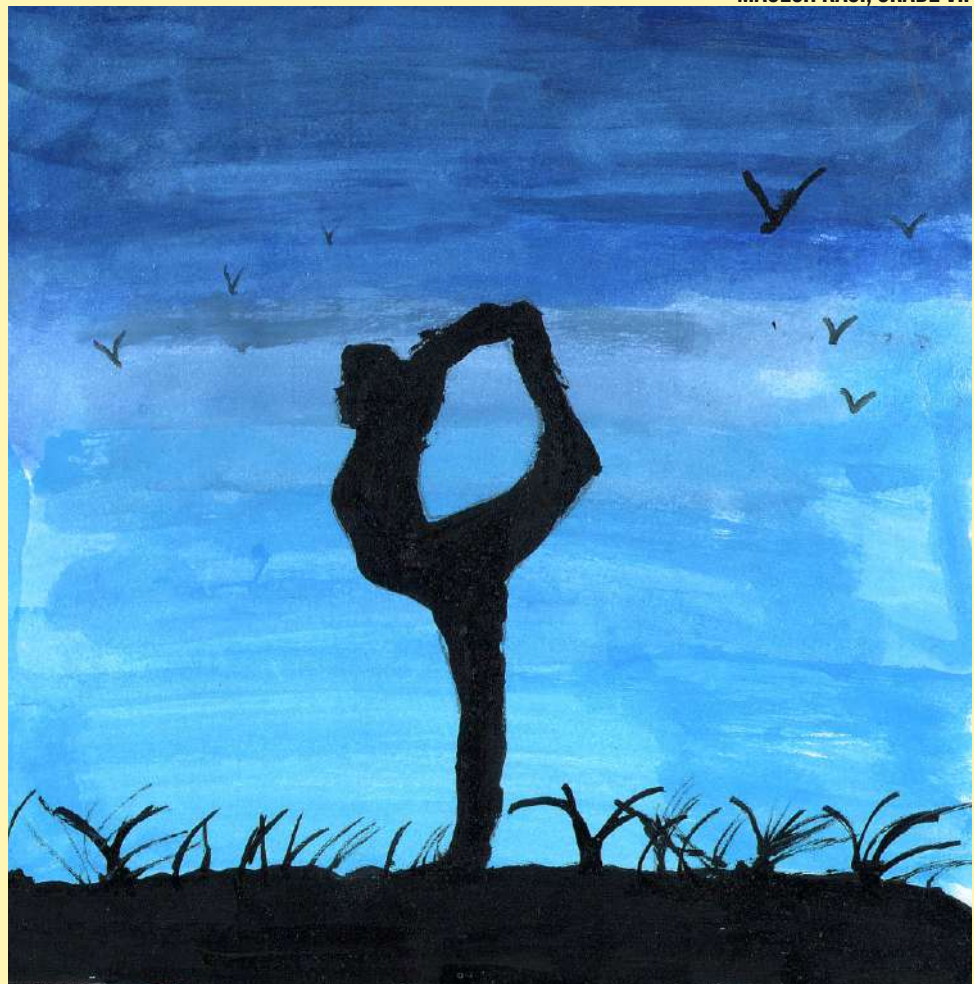
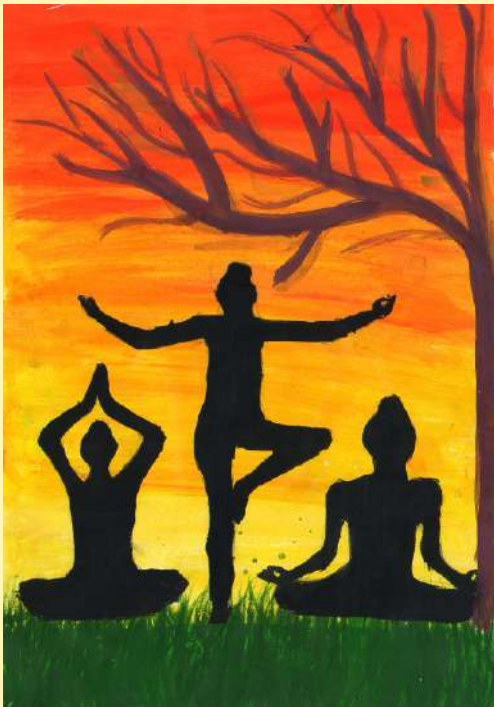


SHERIN TENNIS, GRADE VII



MAGESH KASI, GRADE VII

JESEENA, GRADE X



# CBSE CORNER

National Level Quiz - THINQ

CBSE Expression series

Muthamil Public School with concurrence with CBSE conducted educational activities.

The world brings a thrill to the face of others visibly. Competition and for many



competition and a smile to students, while cringe. can be exciting, students, the

thrill of competition keeps them going when they are participating in a race or even in daily life. Keeping all this in mind MPS encourages all students to participate in the the events conducted by CBSE. The Indian Navy was glad to flagship a unique national-level quiz competition – 'THINQ'. To commemorate the glorious journey of 75 years of independence of our great nation. This event aims at providing the brightest, young minds, the future leaders of our country, a unique opportunity to experience the 'way of life of the Indian Navy and instil a sense of national pride and patriotism whilst testing their knowledge and intellect. One Team from School can participate and our students from Grade IX and X were excited to participate. The first Round of Online test will begin by August third week and our students are excited to attend it.

Expression series is a very interesting and most awaited competition conducted by CBSE. This time the topic was "The importance of Yoga". Our students from grades III to XII blithely cooperated in this event. Students expressed their views through elegant painting, essay writing, and Poem writing. They came up with many facts.



Chief Editor

Mrs. Jeyanthi Babu  
Correspondent

Editor

Mrs. Nalini Mahalia  
Spoken English Trainer

Photos & Design

Mr. Raja Jeevanesan  
Public Relations Officer

Mr. Arun Kumar N  
Photographer

EDITORIAL  
TEAM

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## MUTHAMIL PUBLIC SCHOOL

Senior Secondary CBSE School | Affiliation no 1930843

7/55, AMBASAMUDRAM ROAD, MUNEEPALLAM, TIRUNELVELI - 627356, Phone : 0462 - 2351111, 9443101111

E-Mail ID: muthamilpublicschool@gmail.com | www.muthamilpublicschool.edu.in

